

NU	Traduction française	YISC / YJM		SAME ?	Chen Yan Lin				San Masch		Giman	
		A	B						A	B		
1	1A. Avancer et donner un coup de poing	1	1. Step forward for punch		SHANG BU CHUI	Y	1. STEP FORWARD & PUNCH	(Y1) shàng bù chū	(一) 上步推	1. Step-forward (fr), Punch (fr)	A	B
1	1B. Lever les mains	2	2. Raise hands to the up posture		TI SHOU SHANG SHI	Y	2. RAISE THE HAND	(èr) shàng shàng shǒu	(二) 理手推	2. Step-back (fr), Ward-off (fr)	1	Raise Hands
2	2A. Avancer, intercepter et donner un coup poing	3	3. Step forward intercept and punch		SHANG BU LAN CHUI	Y	3. STEPPING FORWARD, BLOCK & PUNCH	(sān) shàng bù lán chū	(三) 上步截推	3. Step-forward (fr), Deflect-up, Punch (fr)	2	Step Up, Intercept & Punch
2	2B. Dévier et donner un coup de poing	4	4. Deflect and punch		BAN CHUI	Y	4. PARRY & PUNCH	(sì) bàn chū	(四) 搬推	4. Parry (fr), Punch (fr), Rock-step, (fr)	3	Deflect & Punch
3	3A. Avancer et donner un coup d'épaulé (droite)	5	5. Step forward and left shoulder stroke		SHANG BU ZUO KAO	Y	5. STEP FORWARD WITH LEFT BUMP	(wǔ) shàng bù zuǒ kào	(五) 上左靠	5. Step-behind, (fr), Step-forward, (fr), Strike w. Shoulder	3	Change Step & Left Shoulder Strike
3	3B. Avancer et donner un coup d'épaulé (gauche)	6	6. Strike the tiger (right)		YOU DA HU	Y	6. RIGHT FIGHTING TIGER POSTURE	(liù) yǒu dá hú	(六) 右打虎	6. Hit Tiger (fr), Step-behind, (fr)	3	Hit a Tiger Right
4	4A. Pousser à gauche et donner un coup de coude droit	7	7. Left elbow strike		ZUO ZHOU DA	Y	7. STRIKE WITH LEFT ELBOW	(qī) zuǒ zhōu dǎ	(七) 打肘	7. Strike w. Elbow (fr), (fr)	4	Left Elbow Strike
4	4B. Pousser à gauche et donner un coup de coude droit	8	8. Push to the left and right elbow stroke		ZUO TU YOU KAO	N	8. LEFT BUMP	(bā) zuǒ tū yǒu kào	(八) 左穿靠	8. Parry Elbow w. Palm (fr), (fr)	4	Push with Right Hand
5	5A. Reculer et frapper le tigre (gauche)	9	9. Withdraw the step and strike the tiger (Left)		CHE BU YOU DA HU	N	10. RIGHT BUMP	(shí) yǒu kào	(十) 右靠	10. Side-step, (fr), Step-in, (fr), Shoulder stroke (r)	5	Right Shoulder Strike
5	5B. Frapper vers le bas	10	10. Right downward strike		YOU XIA CHUI	N	11. WITHDRAW A STEP, LEFT FIGHTING TIGER POSTURE	(shíyī) ché bù zuǒ dá hú	(十一) 撤步左打虎	11. Step-behind, (fr), Hit Tiger (fr)	6	Withdraw & Hit Tiger Left
6	6A. Lever les mains	11	11. Raise hands to the up posture		TI SHOU SHANG SHI	N	12. RIGHT BACKFIST	(shíèr) yǒu pī shēn chū	(十二) 转身背冲	12. Turn-body Strike Opponent w. Back-fist (fr)	6	Strike with Right Backfist
6	6B. Pivoter et pousser	12	12. Turn the body and push		SHUAN SHEN SHI	Y	13. RAISE THE HAND	(shíèr) yǒu pī shēn chū	(十二) 转身背冲	13. Raise Hands (fr), Step-up (fr), Ch. step, (fr)	7	Raise Hands
7	7A. Frapper le corps du poing droit	13	13. Right swinging body strike		YOU PIE SHEN CHUI	N	14. TURN & PUSH	(shíèr) yǒu pī shēn chū	(十二) 转身背冲	14. Turn-body Push, Rock-step, (fr)	7	Turn Right & Push
7	7B. Intercepter et donner un coup de poing (un)	14	14. Intercept and punch, one		BAN CHUI YI SHI	N	15. FOLD UP, BACKFIST	(shíwǔ) zhē dié pī shēn chū	(十五) 倒提转身背冲	15. Turn-body, Back-fist (r), Rock-step, (fr)	8	Deflect and Strike with Right Backfist
9	9A. Intercepter et donner un coup de poing (deux)	15	15. Intercept and punch, two		BAN CHUI ER SHI	N	16. PARRY & PUNCH (TAKING THE MOMENTUM ASIDE)	(shíliù) bàn chū chū (kǎi shì)	(十六) 搬推(侧势)	16. Deflect-up (r), Punch (fr), Rock-step, (fr)	8	Deflect & Punch
9	9B. Séparer la croupe du cheval (gauche)	16	16. Ward horses clear the mane (left)		SHUAN SHEN SHI	N	17. HORIZONTAL, RENOVING TECHNIQUE	(shíqī) háng xié shǒu	(十七) 横斜手	17. Diagonal Forearm Strike (fr), (fr)	9	Split Right
9	9A. Frapper le tigre (droite)	17	17. Strike the tiger (right)		YOU DA HU	Y	18. WARD HORSES VERSUS ITS MANE - LEFT POSTURE (SWITCHING THE FEET)	(shíbā) zuǒ tuān hóu yǎn fēn zǒng	(十八) 左(侧)步, 野马分鬃	18. Parry Ward Horse's Mane (r), Ch. step-behind, (fr)	9	Partion of the Wild Horses Mane (Left)
10	10A. Avancer et presser (gauche)	18	18. Turn the body, withdraw the step, and rollback		ZHUAN SHEN CHE BU LU	Y	19. RIGHT FIGHTING TIGER POSTURE (USING LOWER HAND)	(shíjiǔ) zhuānshēn ché bù lǚ	(十九) 打虎(下势)	19. Hit Tiger, Low-Punch (fr), Step-behind, (fr)	10	Fan Through the Back (right)
11	10A. Avancer et presser (gauche)	19	19. Turn the body and press (left)		SHANG BU ZUO JI	N	20. TURN, WITHDRAWING A STEP, ROLLBACK	(èrshí) zhuānshēn ché bù lǚ	(二十) 转身侧步	20. Turn-body (r), Large Rollback, Step-back, (fr)	10	Turn Body, Step Back, Roll Back
11	10B. Pivoter et presser (gauche)	20	20. Turn the body and press (left)		ZHUAN SHEN ZUO JI	N	21. SEPARATE BOTH HANDS, PRESSING KICK (RETREAT TO SITTING TIGER POSTURE)	(èrshíyī) shàng bù zuǒ kào	(二十一) 上左靠	21. Step-up, Elbow-stroke (r), (fr)	11	Change Step & Left Shoulder Strike
12	11A. Séparer les mains et donner un coup de talon	21	21. Double dividing and heel kick		SHUANG FEN DENG JIAO	Y	22. SEPARATE BOTH HANDS, PRESSING KICK (RETREAT TO SITTING TIGER POSTURE)	(èrshíèr) zhuānshēn ché bù lǚ	(二十二) 转身侧步	22. Push Wrist, Elbow (r-o), (step around, (r, fr))	11	Right Foot Kick
12	11B. Frapper le tigre	22	22. Strike the tiger		ZHUAN SHEN ZUO JI	Y	23. SEPARATE BOTH HANDS, PRESSING KICK (RETREAT TO SITTING TIGER POSTURE)	(èrshíèr) zhuānshēn ché bù lǚ	(二十二) 转身侧步	23. Retreat to Ride Tiger, Kick Knee (r-o), Ch. step, (fr)	12	Separate Right Foot Kick
13	12A. Avancer, pousser et séparer	23	23. Step forward to pluck and rend		SHANG BU CAI LE	Y	24. TURN, WITHDRAWING A STEP, ROLLBACK	(èrshíèr) zhuānshēn ché bù lǚ	(二十二) 转身侧步	24. Turn Arm (fr), Step-back, (fr), Step-over, (fr)	13	Turn Body & Roll Back
13	12B. La fille de jade (un)	24	24. Fair lady weaves the shuttle, one		YU NU CHUAN SUO YI SHI	N	25. STEP FORWARD, PLECK & REND	(èrshíwǔ) shàng bù cǎi lè	(二十五) 上步采	25. Wrist-pull (r), Forearm Smash (fr), Step-behind, (fr)	13	Pull Down & Split
13	13A. La fille de jade (deux)	25	25. Fair lady weaves the shuttle, two		YU NU CHUAN SUO ER SHI	N	26. SWITCH THE FEET, MAIDEN WORKS THE SHUTTLE - RIGHT POSTURE	(èrshíliù) huàn bù yǒu chǎnshǔ	(二十六) 换步穿掌	26. Fair Maiden Weaves Shuttles (fr), Ch. step, (fr)	13	13 Fair Lady Works at Shuttles (right)
14	13B. La grue blanche déploie ses ailes	26	26. White crane spreads its wings		BAI HE LIANG CHI	Y	27. LEFT WARD OFF, RIGHT BACKFIST	(èrshíqī) zuǒ bǐng yǒu pī chū	(二十七) 左摆右背推	27. Deflect-up (r), Punch (fr), (fr)	14	Ward Off Left & Right Backfist
14	14A. Coup d'épaulé gauche	27	27. Left shoulder stroke		ZUO KAO	Y	28. WHITE CRANE COOLS ITS WINGS (PRESSING KICK)	(èrshíbā) bái hè liáng chì (dòng jiǎo)	(二十八) 白鹤晾翅(蹬脚)	28. White Crane Spreads its Wings (fr), Kick (fr)	14	Stork Spreads its Wings
14	14B. Tirer le bras	28	28. Rollback the shoulder		LUO BU	Y	29. LEFT BUMP	(èrshíjiǔ) zuǒ kào	(二十九) 左靠	29. Step-forward, (fr), Ward-off w. Shoulder (r)	15	Left Shoulder Strike
15	15A. Pivoter et séparer l'épaulé	29	29. Turn the body to rend the shoulder		ZHUAN SHEN LIE BI	N	30. WITHDRAW A STEP, BREAK THE ARM	(èrshíèr) ché bù jǎi bi	(三十) 撤步断臂	30. Turn Arm (fr), Step-back, (fr), Step-over, (fr)	15	Step Back & Roll Back
16	15B. Pivoter et tirer	30	30. Turn the body to rollback		ZHUAN SHEN LU	N	31. TURN & PUSH (SETTING UP THE PUSH WITH ROLLBACK ENERGY)	(èrshíèr) zhuānshēn ché bù jǎi bi	(三十) 转身侧步	31. Turn (r), Draw-back, Push (fr)	16	Turn Body & Roll Back
16	16A. Le double vent frappe les oreilles	31	31. Two winds pass through the ears		SHUANG FENG GUAN ER	Y	32. DOUBLE WINDS FILL THE EARS	(sān) èr shuāng fēng guān èr	(三二) 双凤灌耳	32. Double Winds Pierce Ears, (fr)	16	Strike Opponent's Ears with Both Fists
17	16B. Double pousser	32	32. Double push		SHUANG AN	Y	33. DOUBLE-HAND PUSH	(sānshí) shuāng ān	(三十) 双推	33. Two Hands Push, Ch. step, (fr)	17	Double Push
17	17A. Simple frappe	33	33. Single hand push		DAN BIAN	N	34. LOW/STUBBED PARRY & PUNCH	(sānshí) dān biān chū	(三十) 单侧推	34. Single Hand Push (fr), (fr)	17	Deflect & Punch
17	17B. Pousser à droite	34	34. Right push		YOU TU	Y	35. SINGLE-HAND PUSH (TO THE RIGHT ARM)	(sānshíwǔ) dān bù zuǒ tuō	(三十五) 单侧推(右臂)	35. Single Hand Push Arm (r-o), (fr), 36. Snapping Arm-kick, (fr)	18	Single Push
18	18A. Contrôler le bras droit	35	35. File the shoulder (right)		YOU CUO BI	Y	36. RIGHT TWIST THE ARM	(sānshíliù) yǒu cuō bì	(三十六) 右侧推	37. Escape (r), Single Hand Push (r), (fr)	18	File Right Arm
18	18B. Suivre la posture et pousser	36	36. Follow the posture and push		SHUAN SHI AN	Y	37. SEIZING THE MOMENT, PUSH	(sānshíqī) shuān shì ān	(三十七) 顺势穿	36. Snapping Arm-lock, (fr)	19	Withdraw & Push
19	19A. Neutraliser et frapper de la paume droite	37	37. Neutralize and strike with right palm		HUA DA YOU ZHANG	Y	38. NEUTRALIZE, STRIKE WITH RIGHT PALM	(sānshíbā) huā dà yǒu zhǎng	(三十八) 化右打掌	38. Neutralize, Strike w. Palm Edge (r), (fr)	19	Neutralize & Right Palm Slap
20	19B. Neutraliser et pousser	38	38. Neutralize and push		HUA TU	Y	39. NEUTRALIZE & PUNCH	(sānshíjiǔ) huā tú	(三十九) 化手推	39. Neutralize, Single Hand Push Elbow (r-o), Ch. step, (fr)	20	Neutralize & Push
20	20A. Neutraliser et lever du coude droit	39	39. Neutralize and strike with right elbow		HUAN DA YOU ZHOU	Y	40. NEUTRALIZE, STRIKE WITH RIGHT ELBOW	(sānshíèr) huā dà yǒu zhōu	(三十九) 化肘打肘	40. Neutralize & Right Elbow Strike w. Elbow (r)	20	Neutralize & Right Elbow Strike
21	20B. Couillir et séparer	40	40. Pluck and rend		CAI LE	Y	41. PLUCK & REND	(sānshíèr) cǎi lè	(三十九) 采	41. Elbow pull (r), Forearm Smash (fr), Ch. step, (fr)	21	Pull Down & Split
21	21A. Echanger les pieds et rollback	41	41. Exchange steps and rollback		HUAN BU LU	N	42. SWITCH THE FEET, BREAK THE ARM	(sānshíèr) huàn bù lu	(三十九) 换步	42. Arm-wrist (r), Ch. step, (fr)	21	Turn Body & Roll Back
21	21B. Echanger les pieds et tirer	42	42. Step forward and press		SHANG BU JI	N	43. RIGHT FIGHTING TIGER POSTURE	(sānshíèr) yǒu dá hú	(三十九) 打虎	43. Hit Tiger (fr), Step-behind, (fr)	22	Hit a Tiger Right
21	22A. Echanger les pieds et tirer	43	43. Exchange steps and press		HUAN BU LU	N	44. TURN, WITHDRAWING A STEP, ROLLBACK	(sānshíèr) zhuānshēn ché bù lǚ	(三十九) 转身侧步	44. Turn-body (r), Large Rollback, Step-back, (fr)	22	Turn Left, Step Back & Roll Back
21	22B. Frapper le tigre à droite	44	44. Strike the tiger right		YOU DA HU	Y	45. STEP FORWARD WITH LEFT BUMP	(sānshíèr) yǒu dá hú	(三十九) 右打虎	45. Step-up, Shoulder-stroke (r), (fr)	23	Step Up & Left Shoulder Strike
22	23A. Pivoter, reculer et tirer	45	45. Turn the body, step backward, and rollback		ZHUAN SHEN CHE BU LU	Y	46. RETURN WITH PRESS	(sānshíèr) zhuānshēn ché bù lǚ	(三十九) 转身侧步	46. Step-in, (fr), Press-forward	24	Return & Press
23	23B. Avancer et pousser à gauche	46	46. Step forward and press to the left		SHANG BU ZUO JI	Y	47. RETURN WITH BOTH HANDS, BUMP (SWITCHING THE FEET)	(sānshíèr) shàng bù zuǒ kào	(三十九) 上左靠	47. Separate Arms, Front Shoulder-stroke (r), Ch. step, (fr)	24	Separate and Right Shoulder Strike
23	24A. Revenir en pressant	47	47. Return with press		HUI JI	Y	48. TURN, LEFT BUMP (SWITCHING THE FEET)	(sānshíèr) huì jī	(三十九) 回挤	48. Shoulder (r), Ch. step, Step-in, (fr)	25	Right Elbow Strike
24	24B. Echanger les pieds et donner un coup d'épaulé	48	48. Exchange steps and shoulder stroke		HUAN BU YOU KAO	N	49. STRIKE WITH RIGHT ELBOW	(sānshíèr) huàn bù yǒu kào	(三十九) 换步右靠	49. Strike w. Elbow (fr), Step-behind, (fr)	25	Golden Pheasant Stands on One Leg
24	25A. Pivoter, vol oblique	49	49. Turn the body to fly diagonally		ZHUAN SHEN XIE FEI SHI	N	50. TURN, GOLDEN ROOSTER STANDS ON ONE LEG	(sānshíèr) zhuānshēn xié fēi shì	(三十九) 转身斜飞	50. Turn-body (r), Golden Rooster, One Leg, (fr)	26	Retreat & Pull Down Arms
25	25B. Coup de coude droit	50	50. Right elbow strike		YOU ZHOU DA	Y	51. RETREAT & NEUTRALIZE	(sānshíèr) yǒu zhōu dǎ	(三十九) 右肘打肘	51. Retreat step, (fr), Pull-down Opponent's Wrists	26	Retreat & Pull Down Arms
25	26A. Pivoter, couc'or	51	51. Turn the body for nosster standing on one leg		ZHUAN SHEN JIN JI DU LI	Y	52. PRESSING KICK	(wǔ) yī jīn jī du lì	(五) 一进一退	52. Kick w. Heel, (fr)	27	Step Forward, Left Shoulder Strike
26	26B. Neutraliser vers le bas	52	52. Downward-neutralization		XIA HUA	N	53. TURN, SWITCHING TO WARD OFF	(wǔ) xià huā	(五) 下化	53. Parry Kick, (fr), Step-up, (fr), Shoulder (r)	27	Step Back & Roll Back
26	27A. Coup de pied du talon	53	53. Heel kick		DENG JIAO	Y	54. BREAK THE LEFT ARM	(wǔ) dēng jiāo	(五) 蹬脚	54. Ch. Step-back, (fr), Strike- Twist Arm (r-1-o)	28	Separation of Right Foot Kick
27	27B. Pivoter, faire un pas et frapper	54	54. Turn the body, step forward, and strike		ZHUAN SHEN SHANG BU KAO	Y	55. TURN (SWITCHING THE FEET), KICK TO THE RIGHT SIDE	(wǔ) zhuānshēn shàng bù kào	(五) 转身上步靠	55. Parry Kick, (fr), Step-up, (fr), Shoulder (r)	27	Step Forward, Left Shoulder Strike
27	28A. Tirer le bras gauche	55	55. Rollback left arm		LUO BU	N	56. SPREADING AND EMBRACE THE KNEE (RIGHT)	(wǔ) luō bù	(五) 落步	56. Diagonal Fyng (fr), (fr)	28	Separation of Right Foot Kick
28	28B. Pivoter et coup de pied droit	56	56. Turn the body and right kick		ZHUAN SHEN YOU FEN	Y	57. SPREADING AND EMBRACE THE KNEE (LEFT)	(wǔ) zhuānshēn yǒu fēn	(五) 转身分步	57. Parry (fr), Brush Knee (r), (fr)	28	Separate & Right Brush Knee
29	29A. Séparer les mains et brosser le genou droit	57	57. Double dividing and embrace the knee (right)		SHUANG FEN YOU LOU XI	Y	58. TURN (SWITCHING THE FEET), KICK TO THE LEFT SIDE	(wǔ) shuāng fēn yǒu lóu xī	(五) 转身分步	58. Parry (r), Brush Knee (r), (fr)	29	Separation of Left Foot Kick
29	29B. Pivoter et coup de pied gauche	58	58. Turn the body and left kick		ZHUAN SHEN ZUO FEN JIAO	Y	59. SPREADING WITH BOTH HANDS, LEFT BRUSH KNEE	(wǔ) zhuānshēn zuǒ fēn jiǎo	(五) 转身分步	59. Change Hands, Shoulder-stroke (r), Ch. step, (fr)	29	Separate & Left Brush Knee
29	30A. Séparer les mains et brosser le genou gauche	59	59. Double dividing and embrace the knee (left)		SHUAN SHEN ZUO LOU XI	Y	60. RETURN WITH RIGHT BUMP	(wǔ) shuānshēn zuǒ lóu xī	(五) 转身侧步	60. Step-back, (fr), Shoulder-stroke (r), Ch. step, (fr)	30	Return Right Shoulder Strike
30	30B. Echanger les mains et coup d'épaulé (droite)	60	60. Change hands and right shoulder stroke		HUAN SHOU YOU KAO	Y	61. STEP FORWARD, CATCH THE SPARROW BY THE TAIL - LEFT POSTURE	(wǔ) huàn shǒu yǒu kào	(五) 换手右靠	61. Grasp Sparrow's Tail (r), Ch. step, (fr)	31	Grasp Birds Tail Left
31	31A. Remoyer un coup d'épaulé (droite)	61	61. Return right elbow-shoulder stroke		HUI YOU KAO	Y	62. RIGHT DIAGONAL, FLYING POSTURE	(liù) huì yǒu kào	(六) 回右靠	62. Cloud Hand (r), Sinking Side-step, (fr)	31	Wave Hands Like Clouds (right)
31	31B. Avancer et saisir le queue de l'oiseau (gauche)	62	62. Step forward and grasp the sparrow's tail		SHANG BU ZUO	Y	63. STEP FORWARD, CATCH THE SPARROW BY THE TAIL - RIGHT POSTURE	(liù) shàng bù zuǒ	(六) 上左靠	63. Grasp Sparrow's Tail (r), Ch. step, (fr)	32	Grasp Birds Tail Right
31	32A. Les mains nuages (droite)	63	63. Wave hands in clouds (right)		YOU YUN SHOU	Y	64. LEFT CLOUDING HANDS	(liù) yǒu yún shǒu	(六) 右云手	64. Cloud Hand (r), Sinking Side-step, (fr)	32	Wave Hands Like Clouds (left)
32	32B. Avancer et saisir la queue de l'oiseau (droite)	64	64. Step forward and grasp the sparrow's tail (right)		SHANG BU YOU LAN QUE WEI	Y	65. STEP FORWARD, CATCH THE SPARROW BY THE TAIL - RIGHT POSTURE	(liù) shàng bù yǒu lán què wēi	(六) 上右左摆靠	65. Roll-over Ward-off (r), (fr)	33	Open Arms & Ward Off Right
32	33A. Les mains nuages (gauche)	65	65. Wave hands in clouds (left)		ZUO YUNSHOU	N	66. SIDWAYS BODY, TORO-FELLING PUNCH	(liù) zuǒ yún shǒu	(六) 左云手	66. Turn-body (r), Back-fist Parry/Punch (r), (fr)	33	Parry & Right Upper Cut
33	33B. Avancer et coup de talon	66	66. Divide upward, press, and downward heel kick		FEN JI XIA DENG TUI	N	67. STEP FORWARD, RISING UP AND REACHING OUT TO THE HORSE (LOW PRESSING KICK)	(liù) fēn jī xià dēng tuī	(六) 分脚压马(下蹬脚)	67. High Pat on Horse, Ch. Step Kick Knee, (r-o), (fr)	34	Step Up & High-Pat on Horse
34	34A. Crochet et pied	67	67. Low hook foot		XIA GOU TUI	N	68. WHITE CRANE COOLS ITS WINGS (then SHEATHING KICK BELOW WITH SLAPPING PALM ABOVE)	(liù) xià gōu tuī	(六) 下勾腿	68. White Crane Spreads Wings (r), Hinder Leg, (fr)	35	Stork Spreads its Wings & Kick
35	34B. Pivoter et balayer le lotus	68	68. Turn the body to sweep lotus		ZHUAN SHEN BAI LIAN	N	69. TURN AROUND, SWINGING LOTUS KICK	(liù) zhuānshēn bái lián	(六) 转身摆莲	69. Turn-body to Sweep Lotus, Spin-step, Kick, (fr)	35	Turn & Horizontal Kick
35	35A. Coup de coude droit	69	69. Left elbow strike		ZUO KAO	N	70. LEFT DIAGONAL, FLYING POSTURE	(qī) zuǒ xié shǒu	(七) 斜侧靠	70. Diagonal Fyng (fr), Ch. step, (fr)	35	Startling Fyng (left)
36	35B. Crochet de la main et serpent qui rampe	70	70. Hook hand and snake creeps down		DIAG SHOU	Y	71. SNEAK HAND, SWAYING BODY LOW POSTURE	(qī) diào shǒu	(七) 刁手	71. Step-back, (fr), Snake Creeps Down (r), (fr)	36	Pull Down & Snake Creeps Down
36	36A. Vol ob											